

Nouth Shoue Winter Classic 2017



# COMPETE USA COMPETITION

CENTENNIAL ICE ARENA, HIGHLAND PARK

**DECEMBER 2-3, 2017** 

ENTRY DEADLINE: NOVEMBER 1, 2017

# Compulsory – Free-Skate – Interpretive – Jumps & Spins – Test Track – Well Balanced-Adults – Synchronized Skating

**Ice Dance Solo Pattern Event** 

Solo, Duet and Group Showcase Event

# **Centennial Ice Arena**

3100 Trail Way • Highland Park, IL, 60035

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PARK DISTRICT of HIGHLAND PARK



#### North Shore Winter Classic 2017

Compete USACompetition Saturday December 2 Sunday December 3, 2017

The annual Compete USA Competition, North Shore Winter Classic is sponsored by Highland Park Skate School and Park District of Highland Park, and will be held at Centennial Ice Arena, 3100 Trail Way, Highland Park, IL 60035

#### **ELIGIBILITY RULES FOR PARTICIPANTS**

The competition is open to all skaters who are current eligible (ER 1.00) members of either Learn to Skate USA program, and/or full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA Program or any other Learn to Skate USA program/club and must get certification from their skating program director to verify competition level.

Event levels will be based on skill or test level as of November 1st, 2017.

Eligibility will be based on skill level as of closing date of entries. All **Snowplow Sam and Basic Skills 1-6** skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances.

For the **Pre-free skate, free skate 1-6, test track and Well Balanced levels**, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

#### **SERIES INFORMATION:**

North Shore Winter Classic 2016 Competition is a part of the 10th Annual U.S, Figure Skating Illinois Compete USA Series. The series will run from July 1st, 2017 - June 20th, 2018. Please refer to www.skatingcouncilofillinois.org for more information on the series.

#### **ENTRIES AND FEES**

An online entry system with secure credit card payment is being used for this competition. You can access the online registration system on our facility website or go to http://www.entryeeze.com All registration will be done online through entryeeze. All entries must be done online and skaters must be registered by midnight November 1st, 2017. Late entries will be accepted at the discretion of the referee and will be assessed at an additional \$25 late fee. You will be assessed an additional \$25 for all checks that are returned, and the skater will only be allowed to compete if payment is subsequently made in cash or money order.

Entry fees are \$65.00 for the first event and \$15.00 for each additional event.

#### **AWARDS**

Everyone will receive an award. All events will be final rounds. Trophies will be awarded to first, second, and third places for solo events. ALL other places will receive either a medal or ribbon. ALL awards will be made at appropriate times throughout the competition.



#### **SCHEDULE OF EVENTS**

Will be posted on the Entryeeze website approximately four to five days prior to competition). Information regarding groups and skating times will also be listed online prior to the beginning of competition.

**PRACTICE ICE** – Will be available and for sale on the Entryeeze website. You will receive an email confirmation when it is open and ready for purchase.

#### **MUSIC**

The music for all free skating programs and showcase must be provided on CD's by the skater. CD's should be clearly marked with the name of the skater, event entered and length of music (not skating time). Competition music is to be turned in at the time of registration. Time duration is always +/- 10 seconds. Please remember to bring an extra copy of the CD. Do not forget to pick up your music following your music event. CDs will not be mailed. Centennial Ice Arena is not responsible for any damaged CD's.

#### **VIDEO AND PHOTOGRAPHS**

Videotaping and photography services will be available

#### REFUND POLICY

Entry Fees will not be refunded after November 1st, 2017. There will be no refunds for medical withdrawals.

#### LIABILITY

U.S. Figure Skating, Centennial Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

#### JUDGING SYSTEM

The 6.0 Majority Judging System will be used for all events at this year's competition.

#### **INFORMATION REGARDING COACHES**

ALL coaches must be compliant with either US Figure Skating and or Learn to Skate USA. Coaches should have proof of their membership with either a USFS compliance card or a Learn to Skate USA card when checking in at registration.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

#### **COMPETE USA**

Snowplow Sam, Basic 1-6, Hockey 1-4, Pre-Free Skate, Free Skate 1-6, Adult 1-6, and specialty events Skaters may begin or advance to the introductory levels. Learn to Skate USA and/or full U.S. Figure Skating membership is required to participate in introductory levels. Beginner Adult Beginner **INTRODUCTORY LEVELS** High Beginner Adult High Beginner Once skaters have competed at the introductory level, and begin the official U.S. Figure Skating test structure, they can choose to enter the Test Track, Well-Balanced or Adult levels as appropriate for their ability, test level, and age. Test requirements are the same for the Test Track and Well-Balanced levels. It is completely the choice of the athlete which track to follow WELL-BALANCED TEST TRACK **ADULT WELL-BALANCED LEVELS LEVELS LEVELS** No-Test **Pre-Preliminary** Pre-Preliminary Minimum age 18 for young adult, 21 for adult track Adult Pre-Bronze Adult Bronze **Preliminary Preliminary** Pre-Juvenile Pre-Juvenile Adult Silver Juvenile Juvenile / Open Juv. Adult Gold Intermediate Intermediate Masters Intermediate-Novice Novice Novice Junior Junior Masters Junior-Senior

Senior

Senior



#### **EVENT: Basic Elements Event: SNOWPLOW SAM - BASIC 6**

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the <u>order listed below</u> (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- All elements must be skated in the order listed.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:00 max.	<ul> <li>Forward two-foot swizzles, 2-3 in a row</li> </ul>
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:00 max.	<ul> <li>Forward two-foot swizzles, 6-8 in a row</li> </ul>
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:00 max.	<ul> <li>Scooter pushes, right and left foot, 2-3 each foot</li> </ul>
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:00 max.	<ul> <li>Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6</li> </ul>
		consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:00 max.	Forward outside edge on a circle, clockwise or counter clockwise
		Forward crossovers, 4-6 consecutive, both directions
		Beginning two-foot spin, maximum 2-4 revolutions
		Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
		Backward crossovers, 4-6 consecutive, both directions
Basic 5	1:00 max.	Advanced two-foot spin, maximum 4-6 revolutions
		Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:00 max.	Bunny Hop
		Forward spiral on a straight line, right or left
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry
		T-stop, right or left



#### **EVENT: Basic Program Event: SNOWPLOW SAM – BASIC 6**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length or glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:10 max.	<ul> <li>Forward two-foot swizzles, 2-3 in a row</li> </ul>
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:10 max.	<ul> <li>Forward two-foot swizzles, 6-8 in a row</li> </ul>
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:10 max.	<ul> <li>Scooter pushes, right and left foot, 2-3 each foot</li> </ul>
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:10 max.	• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6
		consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:10 max.	Forward outside edge on a circle, clockwise or counter clockwise
		Forward crossovers, 4-6 consecutive, both directions
		Beginning two-foot spin, maximum 2-4 revolutions
		Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
	1:10 max.	Backward crossovers, 4-6 consecutive, both directions
Basic 5		Advanced two-foot spin, maximum 4-6 revolutions
		Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:10 max.	Bunny Hop
		Forward spiral on a straight line, right or left
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry
		T-stop, right or left



#### **EVENT: Pre-Free Skate – Free Skate 6 Compulsory Event**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

• Time: 1:1			
Level	Time	Skating rules/standards	
Intro to Free	1:15 max	One outside and one inside moving three turn	
skate	182	<ul> <li>Lunge rising up to forward stroking position</li> </ul>	
		Tap toe	
		Stand still waltz jump	
Pre-Free Skate	1:15 max	<ul> <li>Forward inside open Mohawk from a standstill position (R to L and L to R)</li> <li>Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>Mazurka</li> </ul>	
		Waltz jump	
		<ul> <li>Forward power stroking, 4-6 consecutive strokes</li> </ul>	
Free Skate 1	1:15 max.	Backward outside three-turns, right and left	
		Upright spin, entry from backward crossovers - minimum 4-6 revolutions	
		Toe loop	
		Half flip jump	
		Alternating forward outside and inside spirals on a continuous axis (2 sets)	
Free Skate 2	1:15 max.	Backward inside three-turns, right and left	
		Beginning back spin, up to two revolutions	
		Half Lutz	
		Salchow jump	
		Alternating Mohawk/crossover sequence, right to left and left to right	
Free Skate 3	1:15 max.	Waltz three-turns, clockwise and counterclockwise	
		<ul> <li>Advanced back spin with free foot in crossed leg position, min 3 revs</li> </ul>	
		Loop jump	
		Waltz jump/toe loop or Salchow/toe loop jump combination	
		<ul> <li>Forward power 3's, 2-3 consecutive sets, right or left</li> </ul>	
Free Skate 4	1:15 max.	Sit spin - minimum three revolutions	
		Half loop jump	
	-14	Flip jump	
		<ul> <li>Backward outside three-turn, Mohawk (backward power three-turn), both</li> </ul>	
Free Skate 5	1:15 max.	directions	
		Camel spin - minimum three revolutions	
		Waltz jump-loop jump combination-	
		Lutz jump	
		Forward power pulls, right and left	
Free Skate 6	1:15 max.	Split jump or stag jump	
	h	Camel, sit spin combination - minimum of four revolutions total	
		Waltz jump, ½ loop, Salchow jump sequence	
		Beginning Axel jump	



#### **EVENT: Pre-Free Skate – Free Skate 6 Program Event**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Intro to Free	1:40 max	One outside and one inside moving three turn
Skate		Lunge rising up to forward stroking position
		Tap toe
		Stand still waltz jump
		Two forward crossovers into a forward inside Mohawk, step down and cross
		behind, step into one backward crossover and step to a forward inside edge,
Pre-Free Skate	1:40 max	clockwise and counterclockwise
		One-foot upright spin, optional entry and free-foot position (minimum three)
		revolutions
		Mazurka
		Waltz jump
		<ul> <li>Forward power stroking, 4-6 consecutive strokes</li> </ul>
Free Skate 1	1:40 max	<ul> <li>Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> </ul>
		Toe loop jump
		Half flip jump
		Alternating forward outside and inside spirals on a continuous axis (2 sets)
Free Skate 2	1:40 max.	Beginning back spin, up to two revolutions
		Half Lutz
		Salchow jump
		Alternating Mohawk/crossover sequence, right to left and left to right
Free Skate 3	1:40 max	Advanced back spin with free foot in crossed leg position, min 3 revs
		Loop jump
		Waltz jump-toe loop or Salchow-toe loop jump combination
		Forward power 3's, 2-3 consecutive sets, right or left
Free Skate 4	1:40 max.	Sit spin - minimum three revolutions
	2110111011	Half Loop jump
		Flip jump
		Backward outside three-turn, Mohawk (backward power three-turn), both
Free Skate 5	1:40 max.	directions
		Camel spin - minimum three revolutions
		Waltz-loop jump combination-
		Lutz jump
		Split jump or stag jump
Free Skate 6	1:40 max.	Camel, sit spin combination - minimum of four revolutions total
		Waltz jump, ½ loop, Salchow jump sequence
		Beginning Axel jump



#### **EVENT: Introductory Levels Compulsory Event**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards	
Beginner	1:15 max.	Waltz jump  jump of choice	
Beginner	1.13 max.	<ul> <li>Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional)</li> <li>Forward or backward spiral</li> </ul>	
High Beginner	1:15 max.	Toe loop jump     Salchow jump	
		<ul> <li>Forward scratch spin - minimum three revolutions</li> <li>Forward or backward spiral</li> </ul>	



### **EVENT: Introductory Levels Free Skate Program**

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements:  • Jumps with no more than one-half rotation (front to back or back to front).  • Max. 2 jump sequences  • Max. 2 of any same jump	Max. 2 spins:  • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner	Max. 5 jump elements:	Max. 2 spins:		
1:40 Maximum	Jumps with no more     than one-half rotation     (front to back or back to	Two upright spins, change of foot optional, no flying	Connecting moves and steps should be demonstrated throughout the	Skaters may not have passed tests higher than U.S. Figure Skating
	front including half-loop)  Single rotation jumps: Salchow and toe loop only.  Max. 2 jump combinations or sequences	entry (Min. 3 revolutions)	program	Learn to Skate USA free skating badge tests
	Max. 2 of any same type jump.			



#### **EVENT: Well Balanced Levels compulsory ivioves**

- Elements skated on ½ ice
- Elements may be performed only once
- Music is not allowed

Level	Time	Skating rules/standards
No-Test	1:15 max.	<ul> <li>Loop jump</li> <li>Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>Solo spin - sit or camel spin - minimum three revolutions</li> <li>Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ul>
Pre-Preliminary	1:15 max.	<ul> <li>Toe Loop jump</li> <li>Jump combination: single/single (no Axel)</li> <li>Sit spin or camel spin - minimum three revolutions</li> <li>Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ul>
Preliminary	1:15 max.	<ul> <li>Lutz jump</li> <li>Jump combination: single/single (may include Axel)</li> <li>Back upright spin - minimum three revolutions</li> <li>Forward inside spiral</li> </ul>



#### **EVENT: WELL BALANCED PROGRAM FREE SKATE**

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

Level	Time	Jumps	Spins	Step Sequences
No-Test	1:40 Maximum	Max. 5 jump elements:  Single jumps, with the exception of the single Axel, are allowed  No single Axels, double jumps or triple jumps  Maximum of 2 jump combinations or sequences  Jump combinations limited to 2 jumps except that one 3-jump  combination with a maximum of 3 single jumps is permitted  Jump sequences limited to a maximum of 3 single jumps  Half-loop is considered a listed jump with the value of a single loop  when used in a sequence or combination	Max. 2 spins: Spins may change feet and/or position Spins may start with a fly Minimum 3 revs. Spins must be of a different character (For definition see rule 4103E)	Step sequence*  Must use one-half the ice surface  Moves in the field and spiral sequences are permitted but will not be counted as elements.  Jumps may be included in the step sequence
Pre-preliminary	1:40 Maximum Vocal music permitted	Maximum of 5 jump elements:  All single jumps, including single Axel, allowed  No double, triple or quadruple jumps allowed  Axel may be repeated once as a solo jump, as part of a jump combination or jump sequence. (maximum of 2 single Axels)  Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded  Max. 2 jump combinations or sequences  Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 3 jumps is permitted.  Jump sequences limited to a maximum of 3 single jumps  ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination	Maximum of 2 spins: Spins may change feet and/or position. Spins may start with a fly. Minimum of 3 revolutions These spins must be of a different character (For definition see Rule 4103 (E)	One step sequenced that must use % of the ice surface.  Moves in the field and spiral sequences are permitted, but will not count as elements  Jumps may be included in the step sequence
Preliminary	1:40 Maximum Vocal music permitted	Maximum of 5 jump elements:  One must be an Axel or Waltz-jump type jump All single jumps, including single Axel, allowed. Only 2 different jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple or quadruple jumps are not allowed An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of jump combinations or jump sequences Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Maximum 2 jump combinations or sequences Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted. Jump sequences limited to a maximum of 3 single or double jumps ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination	Maximum of 2 spins: Spins may change feet and/or position. Spins may start with a fly. Minimum of 3 revolutions  These spins must be of a different character (For definition see Rule 4103 (E)	One step sequenced that must use % of the ice surface.  Moves in the field and spiral sequences are  permitted, but will not count as elements  Jumps may be included in the step sequence



#### **EVENT: Test Track Free Skate**

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
- The following deductions will be taken:
- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 max.	Maximum of 5 jump elements:  Jumps with not more than one-half rotation (front to back or back to front including half-loop)  Single rotation jumps: Salchow, toe loop and loop only  Maximum 2 jump combinations or sequences  Maximum 2 of any same type jump	Maximum of 2 spins:  • Two spins of a different nature, one position only. No change of foot, no flying entry (Minimum 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test.
Preliminary 1:40 max	Maximum of 5 jump elements:  • Jumps with not more than one rotation (no Axels)  • Maximum 2 jump combinations or sequences  • Maximum 2 of any same type jump	Maximum of 2 spins:  One spin in one position; no change of foot, no flying entry. (Minimum 3 revolutions)  One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test, but may not have passed tests higher than the preliminary free skate test.



### **EVENT: ADULT 1-6, Introductory – Bronze Compulsory**

- The skating order of the elements is optional.
- Element may only be attempted once
- To be skated in program format with limited connecting steps
- To be skated on ½ ice
- A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

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• For	ward Marching
Adult 1 1:30 MAX • For	ward two-foot glide
	ward swizzle (4-6 in a row)
• For	ward snowplow stop – two feet or one foot
• For	ward skating across the width of the ice
Adult 2 1:30 MAX • For	ward one-foot glides
• For	ward slalom
• Bac	ckward skating
	ckward swizzles, 4-6 in a row
• For	ward stroking using the blade properly
	ward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise
	ward chasses on a circle, clockwise and counterclockwise
	ckward skating to a long two-foot glide
	ckward snowplow stop, Right and Left
	ward outside edge on a circle, right and left
	ward inside edge on a circle, right and left
	ward crossovers, clockwise and counterclockwise
	ckey stop, both directions
	ckward one-foot glides, right and left
	ckward outside edge on a circle, right and left
	ckward outside edge on a circle, right and left
	ckward inside edge on a clicle, right and left ckward crossovers, clockwise and counterclockwise
	ward outside three-turn, right and left
	ginning two-foot spin (min 2 revs)
	ward stroking with crossover end patterns
	ckward stroking with crossover end patterns
	ward inside three-turn, right and left
• T-sto	
• Lun	
	o-foot spin into one-foot spin (min 2 revs on 1 foot)
	nny hop or mazurka
	ward beginning one-foot spin from backward crossovers (min 2 revs)
	ward moving inside open Mohawk (right and left) – heel to instep
	ernating right and left forward outside edges across the width of the ice
	ernating right and left forward inside edges across the width of the ice
	ckward moving outside 3-turn right and left
	ıltz Jump
Adult High 1:30 MAX • ½ F	
	ernating right and left backward outside edges across the width of the ice
	ernating right and left backward inside edges across the width of the ice
	ckward moving inside 3-turn right and left
	o forward crossovers into a forward inside Mohawk, step down and cross behind, step into
	e backward crossover and step to a forward inside edge, clockwise and counterclockwise
	mp combination or sequence consisting of only ½ revolution jumps (half loop is considered
	ull revolution jump) – maximum of 2 jumps in combination and 3 jumps in a sequence
• For	ward upright spin (Min. 3 revolutions)
• For	ward spiral (any edge)
• Sing	gle Salchow
Adult 1:30 MAX • Wo	ultz jump – toe loop combination jump
	ckward Upright Spin – entry optional (Min. 3 revolutions)
	ral sequence (Min. 2 spirals)



#### **EVENT: ADULT 1-6 PROGRAM WITH MUSIC**

- The skating order of the required elements is optional.
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.
- To be skated on full ice
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels.
- A 0.2 deduction will be taken for each required element MISSING and for those elements performed from a higher level.

Level	Time	Elements
Adult 1	1:40 MAX	<ul> <li>Forward Marching</li> <li>Forward two-foot glide</li> <li>Forward swizzle (4-6 in a row)</li> <li>Forward snowplow stop – two feet or one foot</li> </ul>
Adult 2	1:40 MAX	<ul> <li>Forward skating across the width of the ice</li> <li>Forward one-foot glides</li> <li>Forward slalom</li> <li>Backward skating</li> <li>Backward swizzles, 4-6 in a row</li> </ul>
Adult 3	1:40 MAX	<ul> <li>Forward stroking using the blade properly</li> <li>Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>Backward skating to a long two-foot glide</li> <li>Forward chasses on a circle, clockwise and counterclockwise</li> <li>Backward snowplow stop, Right and Left</li> </ul>
Adult 4	1:40 MAX	<ul> <li>Forward outside edge on a circle, right and left</li> <li>Forward inside edge on a circle, right and left</li> <li>Forward crossovers, clockwise and counterclockwise</li> <li>Backward one-foot glides, right and left</li> <li>Hockey stop, both directions</li> </ul>
Adult 5	1:40 MAX	<ul> <li>Backward outside edge on a circle, right and left</li> <li>Backward inside edge on a circle, right and left</li> <li>Backward crossovers, clockwise and counterclockwise</li> <li>Forward outside three-turn, right and left</li> <li>Beginning two-foot spin</li> </ul>
Adult 6	1:40 MAX	<ul> <li>Forward stroking with crossover end patterns</li> <li>Backward stroking with crossover end patterns</li> <li>Forward inside three-turn, right and left</li> <li>T-stop</li> <li>Lunge</li> <li>Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>



#### **EVENT: ADULT INTRODUCTORY - BRONZE FREE SKATE PROGRAM**

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner	Max. 4 jump elements  • Jumps limited to bunny hop,	Max. 2 spins  • Two forward	Connecting moves	Skaters may not
1:40 Maximum	mazurka, or ballet  Max 1 combination or sequence	upright spins, no change of	and steps should be demonstrated	have passed tests higher than U.S.
	consisting of only the allowed listed jumps	foot, no flying entry (Min. 3	throughout the program	Figure Skating Learn to Skate
	Max. 2 of any same jump	revolutions)	program	USA Free Skate 1
Adult High	Max 4 jump elements:	Max 2 spins:		Badge Test
Beginner	<ul> <li>Jumps limited to bunny hop,</li> </ul>	Two upright	Connecting moves	Skaters may not
1.40 \ \	mazurka, ballet, stag, split, waltz,	spins, change	and steps should	have passed tests
1:40 Maximum	<ul><li>½ flip</li><li>Max 1 combination or sequence</li></ul>	of foot optional, no	be demonstrated throughout the	higher than U.S. Figure Skating
	consisting of only the allowed	flying entry	program	Learn to Skate
	listed jumps  Max. 2 of any same type jump.	(Min. 3 revolutions)		USA Free Skate 1 Badge Test
Adult Pre-	Max 4 Jump Elements:	Max 2 Spins:		
Bronze	<ul> <li>Jump combinations and sequences are optional, but no</li> </ul>	<ul><li>Min 3 revs</li><li>Spins with a</li></ul>	Connecting steps throughout the	Skaters may not have passed tests
1:40 Maximum	more than 2 combinations or	flying entry	program are	higher than U.S.
	sequences may be included	are not	required	Figure Skating Adult Pre-Bronze
	1 jump combination/sequence may consist of three jumps, and	permitted		Free Skate
	the other may have only two			
	jumps.  • Each jump may be repeated			
	only once and only as part of a			
	combination or sequence (maximum of 2 of any jump)			
	<ul> <li>Only single and half-revolution</li> </ul>			
	jumps are allowed  No single Lutz, single Axel or			
	double jumps are allowed			
Adult Bronze	Max 4 Jump Elements:	Max 2 Spins:	Max 1 Sequence:	
1:50 maximum	<ul> <li>Max 2 combinations or sequences;</li> </ul>	Spins must be of different character	Choreographic	Skaters may not have passed tests
1.50 1110/1110/11	<ul><li>1 combination/sequence may</li></ul>	(for definition, see	Step Sequence	higher than U.S.
	consist of three jumps, and the	U.S. Figure Skating		Figure Skating
	other may have only two jumps  • Each jump may be repeated	rule 4103 (E))  • Min 3 revs total if no	Must use at least ½ ice surface	Adult Bronze Free Skate
	only once, and only as part of a	change of foot		
	combination or sequence	Min 3 revs each foot     if change of foot		
	(maximum of 2 of any jump)  • All single jumps are permitted	<ul><li>if change of foot</li><li>Min 2 revs in each</li></ul>		
	(except single Axel)	position		
	No single Axel, double or triple  jumps are permitted.	No flying spins are permitted		
	jumps are permitted	permined		



### **Event: Ice Show/Individual Showcase Soloist Event**

(Skaters wishing to compete in light or dramatic entertainment can compete in this event)

Compete with your ice show solo program from last year or create a new program

<u>Individual Showcase</u> is for individual skaters who would like to compete with their ice show programs from last year or create a new program Skaters should sign for one of the four categories listed below:

Individual Level A - Skills Basic 6 and below

Individual Level B - Single jumps (no axel), any upright spin without a change of foot.

<u>Individual Level C</u> - Single jumps (no axel), sit spin or camel.

<u>Individual Level D</u> - Axel and double jumps are permitted, any spin choice.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Individual Level A	May not have passed any official U.S. Figure Skating free skate tests.	Not to exceed 2:00
Free Skate 1 & 2	Individual Level B	May not have passed any official U.S. Figure Skating free skate tests.	Not to exceed 2:00
Free Skate 3 & 4	Individual Level B	May not have passed any official U.S. Figure Skating free skate tests.	Not to exceed 2:00
Free Skate 5 & 6	Individual Level C	May not have passed any official U.S. Figure Skating free skate tests.	Not to exceed 2:00
No Test/Pre Prelim.	Individual Level C	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Not to exceed 2:00
Preliminary	Individual Level D	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Not to Exceed 2:00

#### **Event: Duet Showcase**

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Individual Level A	May not have passed any official U.S. Figure Skating free skate tests.	Not to exceed 2:00
Free Skate 1 & 2	Individual Level B	May not have passed any official U.S. Figure Skating free skate tests.	Not to exceed 2:00
Free Skate 3 & 4	Individual Level B	May not have passed any official U.S. Figure Skating free skate tests.	Not to exceed 2:00
Free Skate 5 & 6	Individual Level C	May not have passed any official U.S. Figure Skating free skate tests.	Not to exceed 2:00
No Test/Pre Prelim.	Individual Level C	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Not to exceed 2:00
Preliminary	Individual Level D	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Not to Exceed 2:00



# **Event: Group Showcase**

Compete with your ice show group number from last year or create your own with four or more skaters – props are optional!

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 3 - 5	Group Level A	Majority of skaters must be between Basic 3 – 5.	Not to exceed 2:45
Basic 6 – Pre F.S.	Group Level A	IMajority of skaters must be between Basic 6 – Pre F.S. I	Not to exceed 2:45
F.S. 1 - F.S. 6	Group Level B	Majority of skaters must be between Intro – F.S. 6	Not to exceed 2:45
Adult 1 – Adult Pre-Bronze	Group Level A	Majority of skaters must be between Adult 1 – Adult Pre-Bronze	Not to exceed 2:45

Groups will be judged on: energy, interpretation, eye contact, choreography, style, originality, costume and use of ice.



### **Event: Interpretive Program**

#### **Competition Format**

The Organizing Committee will pre-select and edit the music choices for this event. During the warm-up, skaters will hear the selection of music twice. Following the warm-up, all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs, the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

#### Levels

Levels should be broken by ability with ages divided appropriately.

#### **Judging Rules:**

Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression. Spins and jumps performed must be appropriate to competition level.

#### Time:

Music Duration: Pre-Free Skate - No Test: 1:00 Max

Pre-Preliminary - Preliminary: 1:00 Max

**Coaching:** There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.



### **Event: Spin Challenge**

#### General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards	
		Upright one-foot spin (3)	
Beginner	1:30 max.	<ul> <li>Upright two-foot spin (3)</li> </ul>	
		• Sit spin (3)	
	, X.	<ul> <li>Upright one-foot spin (3)</li> </ul>	
High	1:30 max.	<ul> <li>Upright two-foot spin (3)</li> </ul>	
Beginner		• Sit spin (3)	
		<ul> <li>Upright one-foot spin (3)</li> </ul>	
No Test	1:30 max.	<ul> <li>Upright two-foot spin (3)</li> </ul>	
		• Sit spin (3)	
		Upright one-foot spin (3)	
Pre –	1:30 max.	<ul> <li>Upright back-scratch spin (3)</li> </ul>	
Preliminary		Sit spin (3)	
		Forward scratch to back scratch spin (3)	
Preliminary	1:30 max.	<ul> <li>Combination spin with no change of foot (4)</li> </ul>	
		• Sit spin (3)	

## **Event: Jump Challenge**

- Each jump may be attempted twice; the best attempt will be counted.
- To be skated on ½ ice

Level	Time	Skating rules / standards
		Waltz jump (from backward crossovers)
Beginner	1:15 max.	2. ½ flip or ½ Lutz
		3. Single Salchow
		Waltz jump (from backward crossovers)
High	1:15 max.	2. Single Salchow
Beginner		3. Jump combination – Waltz jump-toe loop
1. Single toe loop		1. Single toe loop
No Test	1:15 max.	2. Single loop
		3. Jump combination − Any two ½ or single revolution jumps (no Axel)
		1. Single toe loop
Pre –	1:15 max.	2. Single flip
Preliminary		3. Jump combination - Any two ½ or single revolution jumps (no Axel)
		1. Single flip
Preliminary	1:15 max.	2. Single Lutz
		3. Jump combination – Any single jump + single loop (may be Axel)



#### **Event: Solo Pattern Dance**

#### General event parameters:

- Levels are based upon the skaters' highest pattern dance test passed.
- A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30<sup>th</sup> July 2<sup>nd</sup>), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the 2<sup>nd</sup> quarter).
- Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

#### Levels:

**Preliminary:** Rhythm Blues and Dutch Waltz **Pre-Bronze:** Swing Dance and Cha-Cha

# **Showcase Group Form**

Name of the t	Name of the team:					
Name of the c	Name of the club or program represented:					
EAM ROSTER (Please	e list skaters in alphabetica	ıl order).				
Skater's name	Membership#	Age	Level			

#### North Shore Classic Basic Skills Competition Registration

Please circle each event entered. One entry form may be used for all events.

### **Participant Information**

**Duet Showcase** 

O No Test/Pre-Preliminary

Basic 1-6Fs 1-2Fs 3-4Fs 5-6

O Preliminary

Last Name	First	Middle
Address	City	State Zip
Home phone	Birth date / /	Age Sex
Parent/Guardian name	Work phone	Email
Basic Skills or USFS#	Current skating level	Last USFS level passed
Program/Club affiliation	Coach's name	Coach's USFS #
Coach's email:	Director's Signature	

Basic and Free Skate	Basic and Free Skate Solo	Introductory Levels Compulsories	Interpretive
Compulsories	Snowplow Sam (tots)	O Beginner	*Free Skate 1 & Beginner
Basic 1	O Basic 1	O High Beginner	O*Free Skate2,3,HighBeginner
Basic 2	O Basic 2		& Pre Prelim. Test Track
Basic 3	O Basic 3	Introductory Levels Free	O * Free Skate 4,5,6 & Prelim. TT
Basic 4	O Basic 4	Skate Program Beginner	O * Pre Prelim WB & Prelim WB
Basic 5	O Basic 5	O High Beginner	
Basic 6	<ul><li>Basic 6</li><li>Intro to Free Skate</li><li>Pre Free Skate</li></ul>	Well Balanced & Test Track Compulsories	Jumps Challenge O Beginner O High Beginner O No Test
Intro to Free skate Pre Free skate	O Free Skate 1 O Free Skate 2 O Free Skate 3 O Free Skate 4 O Free Skate 5 O Free Skate 6  Group Showcase	<ul><li>Pre-Preliminary</li><li>Preliminary</li><li>No Test</li></ul>	O Pre-preliminary O Preliminary
O Free Skate 1 O Free Skate 2 O Free Skate 3 O Free Skate 4 O Free Skate 5 O Free Skate 6		Well Balanced Free Skate Program  O Pre-Preliminary  O Preliminary  O No Test	Spin Challenge O Beginner O High Beginner O No Test O Pre-preliminary O Preliminary
Solo Showcase  Description: Basic 1-6  Free skate 1-2  Free skate 3-4  Free skate 5-6	O Basic 3-5 O Basic 6-preFS O Free skate 1-6	Test Track Free Skate Program O Pre-Preliminary O Preliminary	Solo Pattern Dance O Preliminary O Pre-Bronze
No test/Pre-prelim		Adults	
Preliminary		Compulsory Level	

Entry Fee
First Event (Entry fee is \$65 per event)
Additional Events (\$15 per each additional event)
Basic Skills Membership (\$12 if you require USFS Basic Skills registration)

O Program\_\_\_\_Level\_\_\_

#### Signatures are Mandatory

#### Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation.

I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Park District of Highland Park, including its officials, agents, volunteers and employees (hereinafter collectively referred as "Park District of Highland Park"). I do hereby fully release and forever discharge the Park District of Highland Park from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity.

I understand that photos and videos are periodically taken of people participating in Park District of Highland Park programs and activities and I agree that any photograph or videotape taken by the park district of me or my minor child/ward while participating in a park district program or activity may be used by the park district for promotional purposes including its electronic media, videotapes, brochures, flyers and other publications without additional prior notice, permission or compensation to the participant.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims as well as the registration policies. If registering via fax, my facsimile signature shall substitute for and have the same legal effect as an original form signature.

Participants Name (please print)		
Parent/Legal Guardian/Adult Skater Signature	Date	
I have reviewed the entry form. I hereby certify that the above skater is an ama specified.	ateur member and is eligible to enter the event(s)	
Basic Skills Director Signature	Date	
Coaches Signature	Date	
CERTIFICATION OF CLUB OFFICER: Only Pre-Preliminary and Preliminary	minary skaters	
To the best of my knowledge, the information on this form is true and correct. This competitor is a member of our club in good standing.  The completed Registration and Certification Forms must be postmarked.		
Club Officer/President/VP/Secretary Signature	Date	